

# The Wantage Times

February 28, 2020

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<https://www.facebook.com/swregional/>

*Flu season is here:*

## Principal's Message

*March 2nd is Read Across America Day. This day promotes inspiring and motivating children to read everyday.*



## Celebrity Readers

**March 6th, 2019**



In addition to getting a flu vaccine, the Centers for Disease Control (CDC) recommends, "Taking Everyday Preventive Actions" to prevent the cold and flu.

These everyday actions include:

### **Avoid close contact.**

Avoid close contact with people who are sick.

### **Stay home when you are sick.**

If possible, stay home from work, school, and errands when you are sick.

### **Cover your mouth and nose.**

Cover your mouth and nose with a tissue when coughing or sneezing.

### **Clean your hands.**

Washing your hands often will help protect you from germs. If soap and water are not available, use an alcohol-based hand rub.

### **Avoid touching your eyes, nose or mouth.**

Germs are often spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose, or mouth.

### **Practice other good health habits.**

Clean and disinfect frequently touched surfaces at home, work or school, especially when someone is ill. Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food.

Retrieved from:

<https://www.cdc.gov/flu/prevent/actions-pr-event-flu.htm>

## Dates to Remember

3/3- SWPTO meeting CEL @ 7 pm  
3/6- WES Celebrity Reader  
3/8- Daylight Savings Time begins  
3/11- Early Dismissal (Staff PD day)  
3/16- SEPAG meeting SMS @ 7 pm  
3/19- WES Family Math Night  
3/25 BOE meeting SMS @ 7 pm  
3/26- Family Reading Night

### Young Authors' Conference

*Featuring Jordan Sonnenblick*

Saturday, March 28th

Frankford Township School

[jpaolucci@swregional.org](mailto:jpaolucci@swregional.org)

### Wantage Girls on the Run Spring Season



Meets Tuesdays and Thursdays,  
3:45 - 5:15 p.m.

March 9 - May 14, 2020

[www.gotrnjn.org](http://www.gotrnjn.org)

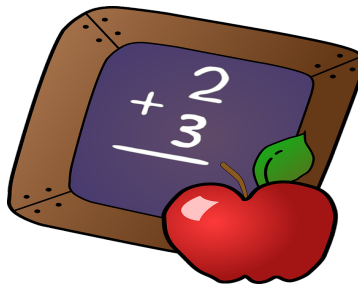
## 5th Grade Reading CLub

March 2nd-April 9th  
3:40 pm- 4:40 pm

### Family Math Night

March 19, 2020

RSVP by March 2nd



Family Reading Night will be  
held on March 26th.

## "Rock and Roll Forever!"



Please visit our website  
for up to date information:  
[www.tinyurl.com/wesmusical](http://www.tinyurl.com/wesmusical)

## Food of the Month

*We will be partnering with ShopRite in Franklin to host this great program that encourages your children to taste new fruits and vegetables. It will be held on the last Wednesday of the month from January to May. ShopRite donates an unusual fruit or veggie and our wonderful PTO parents with supervision from our cafeteria staff, washes and cuts it up for students to try. No students are forced to taste the food and staff are aware of all allergies! This is a fun way to introduce new foods to your children! We also send home information about the food of the month and a recipe to try.*

*Free dietitian services are available at all of their stores. If you have any questions please*

*call or email Mrs. Fisher:*

*973-875-3176 or dfisher*

*@swregional.org*

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